

## March Lunch Menu

| monday | tuesday | wednesday | thursday | friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 02 | 03 |  |  | 05 | 06 |



| 23 |  | 25 | 26 | 27 |
| :---: | :---: | :---: | :---: | :---: |
| Pasta <br> Bolognese or Marinara Seasonal Vegetable | Mexican Crockpot Stew Beef or Black Beans Rice Seasonal Vegetable | Oven Roasted Chicken or Tofu Scalloped Potatoes Seasonal Vegetable | Mac \& Cheese optional Crispy Bacon Seasonal Vegetable | Fried Rice Roasted Chicken or Vegetarian Seasonal Vegetable |

## Available daily:

Organic Yogurt, Organic Seasonal Fresh Fruit; Chicken Noodle Soup and Vegetarian Soup; Salad Bar with Seasonal Organic Veggies, Seeds, Legumes, Tofu and House-made Chicken Salad, or Tuna Salad Daily Sandwich with Zoe's Turkey or Ham, and Organic Sprouted Whole Wheat Bread

Our ingredients are sourced from organic, local, and sustainable producers whenever possible. Proteins are mainly sourced from Marin Sun Farms, Zoe's Meats, Mary's Chickens, and Dairy from Clover \& Strauss

Vegetarian option is always available; Gluten-Free and Dairy-Free available through advance request

